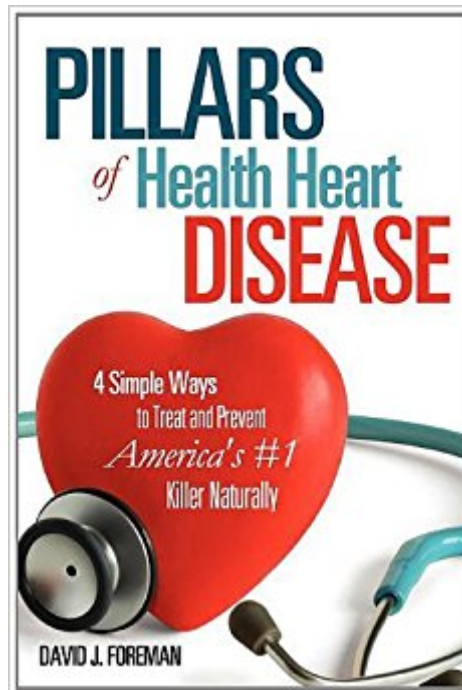




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# Pillars Of Health Heart Disease



## Synopsis

"Building anything strong and sustainable requires building a strong foundation. In David Foreman's book the foundation for good health and beyond is laid out in an entertaining and inspiring manner. I highly recommend it to anyone who desires a longer healthier and happier life." Michael T. Murray, N.D., co-author "The Encyclopedia of Natural Medicine." The heart is the focal point of every function in your body. Without proper blood flow, every cell in your body suffers. Until now, there hasn't been a book to lay out a foundational and fundamental answer on how to treat, prevent and even reverse Heart Disease. Being healthy doesn't have to be complicated-all it takes is knowledge and effort. Get started today on developing your heart healthy program...before it's too late.

## Book Information

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